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AUTHOR'S BIOGRAPHY

Helen Moat is a teacher, wife, mother, traveller, writer and dreamer. As a child she travelled all over Ireland in the back of her Dad's Morris Minor, taking two to three hours to reach a destination for a quick hour or two on a beach before getting back in the car for the return journey. It hasn't put her off travelling — quite the reverse. Helen is happiest when she is on the go — striding across a hillside or winging her way across the world. She has won prizes in several travel writing competitions and been published in *The Daily Telegraph* and on travel e-zines. You can read more of her stories on her blog: <http://moathouse-moathouseblogspotcom.blogspot.co.uk/>